

Your physician has ordered a urea breath test which detects a common infection of the stomach called *Helicobacter pylori* (H. pylori).

ALLERGY AND GENERAL INFORMATION

- This is an in-vitro diagnostic test requiring you to provide breath samples and drink a solution called Pranactin®-Citric.
- If you are allergic or sensitive to mannitol, citric acid, or aspartame, avoid drinking the Pranactin-Citric solution and do not take this test.
- Tell your physician if you have diabetes or are Phenylketonuric (PKU).
 - For PKU patients, this drug contains Phenylalanine (a component of Aspartame). For reference, 12 ounces of a typical diet cola drink contains approximately the same amount of Phenylalanine.
 - For diabetic patients, use with caution, as drug solution (Pranactin-Citric) contains aspartame.
- Tell your physician if you have trouble swallowing due to a medical or physical condition.
- You may need to take the test again four (4) weeks after completing antibiotic therapy to confirm eradication.

PREPARATION INSTRUCTIONS

- Two (2) weeks prior to the test, **DO NOT** take any of the following medications:
 - All antibiotics
 - Proton pump inhibitors (PPis) or their generic versions such as Aciphex® (rabeprazole), Nexium® (esomeprazole), Prevacid® (lansoprazole), Prilosec® (omeprazole), Prilosec OTC® (omeprazole), Protonix® (pantoprazole), Zegerid® (omeprazole/sodium bicarbonate), and Dexilant® (dexlansoprazole)
 - Bismuth preparations such as Pepto-Bismol®
- **DO NOT** eat or drink anything for one (1) hour prior to your test. This includes hard candy and chewing gum.
- **DO NOT** take your usual morning medications the day of your test. Please bring them with you.